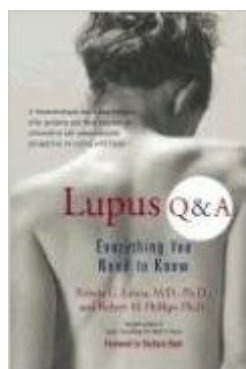


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# Lupus Q + A (Revised Edition)



## Synopsis

A rheumatologist and a psychologist offer an informative and compassionate perspective on coping with lupus for patients and their families. Lupus is a chronic autoimmune disease that is difficult to diagnose, and the symptoms—from achy joints to skin rashes—often mimic those of other diseases. Based on extensive research and clinical experience, *Lupus Q&A* answers the myriad questions of the more than 1.4 million lupus patients in this country. The book demystifies lupus by explaining diagnosis, symptoms, treatments, medication, and the psychological impact of the disease.

## Book Information

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Average Customer Review: 3.2 out of 5 stars [See all reviews](#) (8 customer reviews)

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## Customer Reviews

The only value this book has is that it does answer some questions about different tests given to help diagnose lupus. However, many of the answers contradict other answers given in the book. The authors even go so far as to say that people with lupus may use the "excuse" that they have chronic pain to get out of doing things or to have others do things for them when they're not that sick! Well, I have lupus and would love to be able to do many things that I no longer can accomplish. That two supposed "experts" would say this made me see red! We have heard that it's all in our heads often enough! Please, please don't waste your money or time with this book.

Very basic overview stuff, and not completely up-to-date regarding the information. Questions are answered with a bare minimum of information, not thoroughly. The book is good if you're just starting out learning about things and want a very quick, easy read of an intro, but not if you want

serious, in-depth knowledge.

This is a "Western" book, so for those of you out there who are more open-minded about treatment (i.e. are not opposed to incorporating Eastern or alternative treatment in your journeys) you will probably be disappointed. When I read it - especially the conclusion - I felt like I was reading a stoic, non-empathetic, sanitized discussion of lupus and people with lupus. Some of the medical/biological information is great, but on the whole I didn't find it nearly as warm or helpful as I was hoping (I like being treated and talked about by doctors as though I am a real, hurting human being!).

I bought (5) different books on Lupus. This book was the best one with quick to find info later so I could ask my doctor about things he never mentioned. Also great to share with family members who hate to read (husband's) so they can learn more about how we feel. Lupus is very complicated to explain to others when you don't understand it yourself yet and each case and patient can have such different symptoms.

This book has been very informative. I was recently diagnosed with Lupus and had millions of questions. I have found everything I had wanted to know about, including the testing that was done. I recommend for anybody with Lupus.

Being a Lupus survivor I had to buy this book as soon as I was diagnosed and it really answered many of my questions and helped to put to rest some of my fears. All hope is not lost.

The book was packaged nicely. There was a little bit of yellowing on the edges of the paper part of the book, however that was the only flaw I noticed. Thank you.

Very pedestrian version of Lupus. If you need more specific scientific information, buy another book. I read this book in about 15 minutes.

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